



HERALD

NEWSLETTER

Volume 4 Issue 1



Jesus Training College, Mala

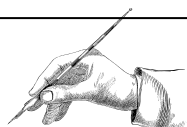
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Jesus Training College, Mala, is a teacher education institution, affiliated with the University of Calicut, owned and managed by the Catholic Diocese of Irinjalakkuda. Dedicated to the holy name of Jesus, our saviour and eternal Guru, this temple of teaching and learning has already carved a niche for itself in a short span of time in the educational scenario of central Kerala. Situated in a sylvan ambience, remote from the hustles of the city, the college relishes the cool and fresh breeze from the rustic rivulets and backwaters glittering in the sunshine, indeed a blessing for serene and sheer intellectual exercise where learning is an exhilarating experience.



Editor's Note

Welcome to Herald, the annual newsletter that showcases the life at Jesus Training College, Mala. This publication includes a brief report of the college's activities.

Though situated in Mala, away from the bustle of Thrissur city, Jesus Training College stands as a beacon of educational excellence, dispatching its students outside the city and internationally, to learn, work and make a difference. Beyond academic learning, the College offers various activities and community programs that help the teacher trainees grow beyond their textbooks. This multifaceted nature is one of this institution's great distinctions.

In Herald, we have woven together the moments of growth and joy that define the vibrant tapestry of our college community. We hope this newsletter serves as a window into the symphony of experiences that breathe life into our institution. May these stories touch your heart and ignite a deeper appreciation for the remarkable work being done within these hallowed walls.

We acknowledge our indebtedness to all who have helped us to bring out this newsletter, whether directly by writing the reports or indirectly by taking part in events happening in the college community. Let us explore the moments within the shared pages of Herald.

Catherine Rose, Kavya P.B.
(Student Editors)

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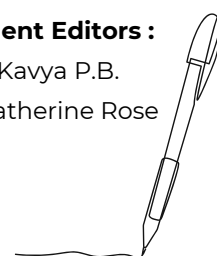
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Welcoming New Principal

With utmost pride and joy, Jesus Training College, Mala, gave a ceremonious welcome to our new principal, Dr. Jasna P. Varijan on 24.06.2024. College Manager Msgr. Wilson Erathara, Executive Director, Fr. Binoy Kozhippatt, Associate Executive Director, Fr. Vineesh Vattoly, along with all teaching and non-teaching staff cordially welcomed our new Principal. We hope our college will step up to higher standards under her strong leadership.



Community Living camp- Karnikaram

As part of the B. Ed curriculum, a 4-day community living camp was conducted in the college from 4th June to 7th June 2024. After the flag hoisting, the formal inauguration of the Camp was on Environment Day by an established farmer and Yoga trainer Mr. Renjith. Enriched with various informative sessions and outreach activities, the Camp concluded with a valedictory function inaugurated by Mr. Sabu Edattukaran, Ward Member.



Environment Day Celebration

Jesus Training College, Mala, enthusiastically celebrated Environment Day on the 5th of June. Dr. Binu T.V., Assistant Professor at St. Joseph's College, delivered a thought-provoking and inspirational talk titled "Me and Environment". Dr. Binu emphasized the vital role each individual plays in protecting our planet and inspired the audience to take concrete actions to make a positive impact. The event was a resounding success, sparking a renewed commitment to environmental stewardship among the students and staff.



Flash Mob

In connection with Environment Day, an awareness procession to private bus stand, Mala was organized on June 5th. The event featured a captivating theme-based flash mob, which drew the attention of the public and conveyed the day's environmental message through dance and performance. Ms. Neha C. S., a student of Malayalam education, delivered an engaging talk on the importance of Environment Day, capturing the audience's attention and leaving a lasting impact.





Aspire to Inspire

On June 6, 2024, Mr. Nijo Joseph led an engaging session on the importance of social skills in teaching. The session discussed how social skills are crucial for building strong teacher-student relationships and fostering a positive classroom environment.



Outreach activity – Orphanage Visit

Visit to Abhayabhavan, an Old age home, on the 6th of June, was indeed an eye-opening moment for all the participants. Spending some quality time with the inmates filled their minds with a sense of empathy and compassion. The College representative handed over our token of love to the administrator. Indulging with the vibrancy of the sunset and the calmness of the sea, students and staff had a quick visit to Snehatheeram Beach. It was quite refreshing, relaxing and rejuvenating.



Medical Camp

In collaboration with LIONS Club, Ashtamichira, our college hosted a Medical camp on 07.06.2024. Apollo Adlux Hospital, Angamaly and Gurudharmam Hospital, Mala associated with the camp. Services were provided to the local public and students in the departments of General medicine, Gynecology, Orthopedics and Dental and free blood test and ECG. A class on Gynec problems was also given to students.



Send Off

In an environment filled with gratitude, happiness and sadness, College arranged a send-off to our dear faculty, Mrs. Sisna A.S. As a token of our love, Executive Director, Fr. Binoy Kozhipatt handed over a memento to our dear teacher, celebrating her dedication and contributions to our institution.



Patron's Day and Festal Celebrations

College happily celebrated its Patron's Day – feast of our Patron and Feast day of our Associate Executive Director, Fr. Vineesh Vattoly, in a splendid stage on the 20th of June. The College Manager, Msgr. Wilson Erathara, along with the entire JTC family greeted them. The celebration was filled with joy, laughter, and gratitude as the college community came together to honour and express appreciation for our Patron and the Associate Executive Director. The stage was alive with performances, speeches, and presentations that showcased the strong bond and camaraderie among the staff, students, and management of the institution.

Reading Day

In association with the Literary Club, the college organized an engaging talk on "The Relevance of Reading in Contemporary Era" by Dr. Ambili M.V., Asst. Professor, Christ College Irinjalakuda on 19.06.2024. The event was a resounding success, with trainees bringing famous Malayalam novels to life through vibrant enactments of iconic scenes. The talk and performances seamlessly blended to underscore the significance of reading in today's fast-paced world.



International Yoga Day

On 21 June 2024, with the theme "Yoga for Self and Society", the College celebrated International Yoga Day. To mark the day, our trainees demonstrated and practised some Asanas. The atmosphere at the college on International Yoga Day was one of serenity and mindfulness, with participants coming together to promote holistic well-being and inner peace.



Orientation to Senses

Smart Board Company SENSES organised an orientation programme about its smart board SENSES on 13.07.2024 for our teachers. Led by Mr. Nandakumar, the session provided a hands-on experience, allowing teachers to explore the board's features and capabilities in a practical setting. This orientation equipped educators with the knowledge to effectively integrate SENSES technology into their teaching, promoting a more dynamic and interactive learning environment.

Communicative English Class

On July 13, 2024, Mr. Joseph conducted a session on Communicative English for trainees, aimed at enhancing their communication skills. The session focused on practical language techniques to improve fluency, confidence, and clarity in English.

Guru the Transformer

In collaboration with LIONS Club Ashtamichira, an orientation program titled "Guru – The Transformer" was held on July 5, 2024. The session was led by renowned motivational speaker and international trainer, Mr. Edison Franz. Through his inspiring words, Mr. Franz emphasized the transformative role of a teacher, highlighting how educators shape and empower future generations.



The 78th Independence Day celebrations at Jesus Training College were held over three days. Students enthusiastically began preparations for the celebration with a reel and quiz competition.

Triranga

On 14th August 2024, Jesus Training College, Mala, organized an advanced Independence Day celebration titled 'Triranga'. The celebration included several performances, beginning with a patriotic song that filled the air with a sense of pride and unity. A well-choreographed dance followed, expressing the joy and resilience of India's journey toward independence.



Flag Hoisting

On August 15th, 2024, Jesus Training College, Mala, celebrated Independence Day with a flag hoisting ceremony at the college portico with the participation of the faculty, and staff. The national flag was hoisted with great honour, followed by the singing of the national anthem. The principal announced the results of the reel competition held earlier, with the Malayalam Department ranking first, followed by the English Department in second place.

Independence Day Quiz

On August 16th, 2024, a quiz competition was held to test the students' knowledge of India's history and the Independence movement. There were six groups in total, each representing a different department. In the end, the Natural Science option secured the first prize, followed by the Mathematics option in second place.



Orientim-24'

The college warmly welcomed the first-year students to Jesus Training College during the 3 days of the induction programme from 21st - 23rd August 2024. Principal Dr. Jesna Varijan's motivational speech highlighted the college's dedication to fostering academic excellence and personal development. Through a range of interactive sessions, our new students were introduced to the vibrant community, setting them up for a successful and enriching academic experience.



DAY - 1 - Enlighten the Mind and Heart

21-08-2024

The program's inaugural day began with Principal Dr. Jasna P. Varijan's keynote address, followed by a felicitation ceremony and introduction. Dr. V. C. Binoj's session, "Enlighten Our Mind and Heart," explored the connection between mental and emotional well-being, highlighting self-awareness, empathy, and mindfulness. This thought-provoking day set the stage for a transformative experience.



DAY-2 - Team Dynamics for a Successful Beginning

22-08-2024

The 2nd day of the B.Ed orientation program commenced with a warm welcome by Dr. Mahamood Shihab K.M., Principal of Ansar Women's College. Dr. Shihab delivered an inspiring speech, sharing five mantras for daily life: positivity, appreciation, finding opportunities, hope, and gratitude. Through interactive activities and group tasks, students developed their thoughts, built confidence, and enhanced creativity and teamwork. The workshop achieved its goal of inspiring team dynamics for a successful beginning, receiving highly positive feedback from students.

DAY-3 - Session-1 How to Become a Mature Mentor ?

23-08-2024

Fr. Nougim Vithayathil led an orientation programme on effective mentoring practices, focusing on maturity and personal growth. He defined mentorship, emphasized the impact of a mentor's maturity, and highlighted self-awareness and the three stages of education: information, formation, and transformation. The session concluded with personalized advice, providing attendees with a comprehensive understanding of effective mentoring practices.

DAY-3 - Session-2 Learning Through Recitation - a Mnemonic Technique

23-08-2024



Mr. Jomson P.P. led a session on mnemonic techniques, showcasing music's power in learning. He demonstrated how melody and intonation aid memory retention using a prayer song in seven languages. He discussed memory aids and natural vs. artificial memory and presented practical techniques like Knuckle and Acronym methods. The interactive session highlighted the effectiveness of recitation and music in learning and memory retention.

National Space Day

On August 27, 2024, our institution celebrated National Space Day, commemorating India's remarkable achievements in space exploration and the first anniversary of ISRO's historic moon landing. The PowerPoint presentation covered the importance of space exploration, ISRO's history, and its contributions to national and



global space endeavours. The event not only commemorated India's achievement in space exploration but also emphasized the importance of scientific curiosity and innovation.

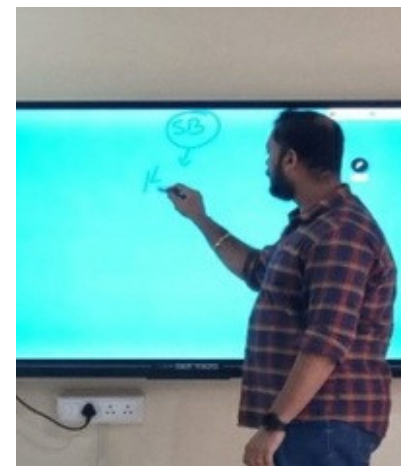


National Sports Day

The weekly assembly, conducted by the Malayalam department, was dedicated to celebrating National Sports Day on 29 August 2024. Anitta Jose from the Natural Science department led the event. The celebration began with a PowerPoint presentation that delved into the significance of National Sports Day, commemorating the legendary Indian hockey player Major. Dhyan Chand's birthday. The presentation highlighted his impressive three Olympic medal records, his "Goal" autobiography, and inspiring stories of Indian sports icons.

Demonstration and Training of Interactive Panel

The session was conducted by Jesus Training College on 02-09-2024 to familiarise teacher trainees with the features and potential uses of smart boards and interactive panels in enhancing teaching and learning. The resource person was Mr. Tony Tom. The class was split into two groups, with the first session held for one-half of the students and the second session held for the other half, ensuring that all students had the opportunity to participate. The session began by showcasing the advantages of interactive panels. He introduced the software tools available on the smart board, and he explained the uses and benefits of each of the software tools. He highlighted the software tool 'Sense Board' as the most useful tool for teachers. The session came to a close with a vote of thanks.



Awareness Class

An awareness class titled "Take Right Turn for Life", a project against negative addiction and illicit trafficking, was conducted on 3rd September 2024 by the Association for Social Development Suhruth Sadhan. Ms. Aleena addressed the growing issue of negative addiction, particularly in children, highlighting the serious health impacts of addictions like



drug abuse and the influence of pornography. Her talk provided insightful details about how these addictions affect not only the physical well-being of children but also their mental and emotional health. A club was formed comprising 20 students from different classes who would actively participate in future activities.



Lumiere

The Academic Inaugural Ceremony for the 2024-2026 batch took place on September 5th, 2024, at 2 pm. The event began with a prayer, followed by speeches from Dr. Jasna P. Varjian, Msgr. Wilson Erathara, and Mar Pauly Kanookadan, who formally inaugurated the batch. The event also included cultural performances and felicitation speeches by Fr. Binoy Kozhipatt, Executive Director of JTC Mala, Ms. Iarin John, Staff Representative, and Ms. Ancy Joby, Chairperson and the event ended with a vote of thanks. The newly inaugurated batch was welcomed with enthusiasm and blessings from the dignitaries and faculty members.



Teachers' Day

Teachers' Day was celebrated at Jesus Training College on September 6th with great enthusiasm. Students decorated the campus and welcomed faculty with warmth. The event began with a prayer, followed by a welcome address by Ms. Meenu Jacob. Fr. Binoy Kozhipatt, Executive Director, presided over the function and inspired teacher trainees with his words. The students showed their appreciation for the faculty's hard work by honouring them with a cake-cutting ceremony, thoughtful gifts, and engaging games. The occasion was made even more special by Suresh sir's heartfelt sharing and a fun selfie point. Finally, Ms. Thasnim expressed her gratitude, bringing the event to a close.

Talento Fiesta



The Talents Day celebrations were held over three days, from September 9th to 11th, 2024, showcasing the diverse skills and creativity of the students in various fields. On Day 1, students of English and Malayalam Options arranged mesmerizing dances and melodious songs. Day 2 saw the magical performances of students of Mathematics and Natural Science Options. On Day 3, students of Physical Science Option showcased group dances, songs and Kalari Payattu, while Social Science Option's programs featured group dances and songs. Overall, the celebrations were a resounding success, highlighting the students' creativity, teamwork, and talent in various subjects and art forms.





Thakrithi 2024

The college celebrated Onam on August 13th, 2024, in a grand and traditional manner, reviving the memory of Kerala's golden era. The program began with a prayer song, welcome speech, and Onam message from the executive director, Fr. Binoy Kozhippatt, followed by a Mega Thiruvathira performance, Onam greetings from the principal and teachers, and cultural events like Onam Kali and Onapattu. Students showcased their talents through performances, including a spectacular dance, and decorated the college with a colourful floral carpet. After the formal functions, a delicious Sadhya was served, and games were conducted in the courtyard, with prizes distributed by the executive director. The celebration was a resounding success, becoming one of the most memorable events in the college's recent history.

Principal's Day

On September 27, 2024, the birthday of our esteemed Principal, Dr. Jasna P. Varijan, was celebrated with great enthusiasm. The staff and students gathered to extend their warm wishes and express their gratitude for her tireless efforts and commitment to the institution. The celebration commenced with a cake-cutting ceremony, followed by a diverse range of cultural programs. This joyous occasion provided an excellent opportunity for the college community to unite and pay tribute to our Principal's special day.



Gandhi Jayanti



To commemorate Gandhi Jayanti, the College organized a cleaning event: "Mission Swachhata-2024" on October 1st, 2024. This event aimed to promote the importance of cleanliness and social responsibility, aligning with Gandhi's teachings. The theme "Swabhav Swachhata – Sanskar Swachhata" highlighted the significance of both personal cleanliness and ethical purity in society. Students actively participated in cleaning activities and refreshment preparation. The program was inaugurated by Mrs. Bindu Babu, President of Mala Grama Panchayat, who stressed the role of local governance in promoting cleanliness. The event concluded with a note of gratitude and refreshments. The objective was to raise awareness about the crucial role of cleanliness in individual behaviour.

Poetry Writing Competition

On October 3, 2024, the Literary Club organized a poetry writing competition titled "Spill the Ink: Unleash your Inner Bard" in association with Jesus Training College, Mala. The competition was held at 2:40 pm in the Assembly Hall and was conducted in both English and Malayalam languages. Students from the college participated in the event, showcasing their poetic talents and creativity. The competition aimed to provide a platform for students to express themselves through poetry and encourage their literary skills.



Orientation to LMS

On October 5, 2024, Jesus Training College organized a one-day orientation on Learning Management Systems (LMS) for teachers, led by Dr. K.S. Sajan, Senior Faculty of General Education from the Department of Education at N.S.S. Training College, Ottapalam. Dr. Sajan, a seasoned expert in educational technology, provided insightful guidance on the effective use of LMS to enhance teaching practices in the digital age. The workshop aimed to familiarize teachers with LMS tools, offering hands-on training on how to create and manage courses, track student progress, and integrate multimedia content for more engaging lessons. His approach was practical, ensuring that participants could immediately apply the knowledge gained in their classrooms.



Sastrolsavam 2024



The two-day Mala Sub-district Sastrolsavam 2024-25 was held on October 8th and 9th, 2024, at two venues: Holy Child Convent English Medium Higher Secondary School and Govt Samithy HSS Meladoor. Our team was assigned invigilation duties for the event, which showcased the talents of children through various competitions and exhibitions.

On the first day, all invigilators reported to Holy Child Convent English Medium Higher Secondary School, where various competitions took place, including beadwork, wood carving, metalwork, bookbinding, and more. On the second day, invigilators were divided between the two venues, with some returning to Holy Child Convent English Medium Higher Secondary School and others proceeding to Govt Samithy HSS Meladoor. The second day featured exhibitions of still models, working models, chart making, improvised experiments, research project work, and more.

Convocation Ceremony of the Batch of 2022-2024

Jesus Training College recently held its convocation ceremony on October 10th, 2024, celebrating the successful completion of the 2022-2024 academic batch. The event was graced by the presence of distinguished guests and dignitaries, making it a truly memorable occasion for the graduates.

The chief guest for the ceremony was Sri Thomson Jose IPS, Deputy Inspector General of Police, Thrissur Range, who conferred the degrees upon the graduates. This prestigious honour was further complemented by the presence of Mar. Pauly Kannoorkadan, the Bishop of Irinjalakkuda Diocese, delivered the presidential address, imparting his wisdom and blessings to the students.

The convocation ceremony began with a warm welcome by the Executive Director, Fr. Binoy Kozhippatt, followed by felicitations from Monseigneur Wilson Erathara. Dr. Jasna P. Varijan led the oath-taking ceremony. The event celebrated the graduates' achievements, recognizing their hard work and the support of the faculty and administration. It was a successful and memorable occasion, with graduates leaving with pride and excitement for their future.



Highlights

Fourth Semester B.Ed Degree University Examinations were held on July 24 and from August 5 to 8, 2024.

The NAAC SSR was submitted on August 8, 2024

The School Internship for the batch 2022–24 started on August 23, 2024.

The Fourth Semester Valuation Camp at IASE, Thrissur, was held from September 2 to 4, 2024.

The Second Semester B.Ed Degree University Examinations were held from September 5 to 10, 2024.

The Final Results of the B.Ed Batch 2022–24 were published on September 12, 2024.

The DVV related to NAAC was submitted on September 27, 2024.