1. DOCUMENTARY EVIDENCE IN SUPPORT OF THE SELECTED RESPONSE/S

1. Special Lectures by Experts

Significance of environment Day – Talk by Dr.C.P.Shaji [conservation biologist]







Session on international Yoga Day 21-06-2023

JESUS TRAINING COLLEGE, MALA CELEBRATES

INTERNATIONAL YOGA DAY

21 JUNE 2K23

Welcome Speech:-Vishnupriya Wilson

Presidential address:-Dr. M.G. Remadevi(Principal)

> Theme Presentation :-Anjaly Johny

Yoga Performance

Vote Of Thanks :-Anagha T













Art and Drama Workshop 04/07/23, 05/07/23









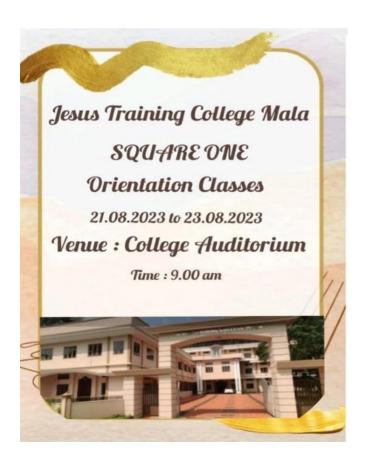




ICT workshop on 14-07-2023

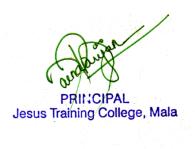


Orientation class on Human Values (21 July 2023)











Workshop on pathway to great teacher (22-08-2023)

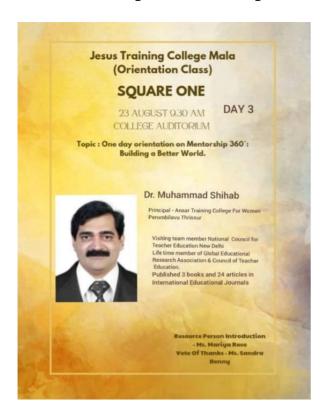






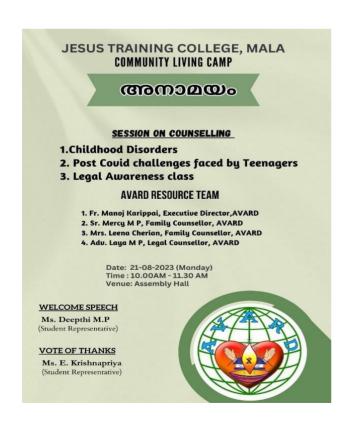


Workshop on mentorship 360 °- building a better world (23-08-2023)





Post Covid Challenges Faced by Teenagers (21-08-2023)







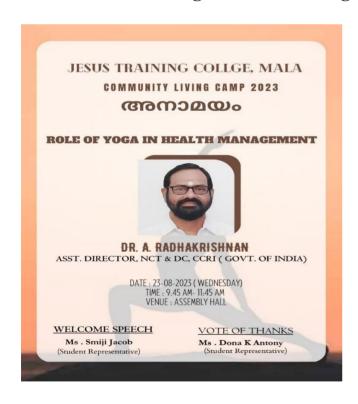


Session on Women Health and Hygiene (21-08-23)





Role of Yoga in Health Management (23-08-2023)





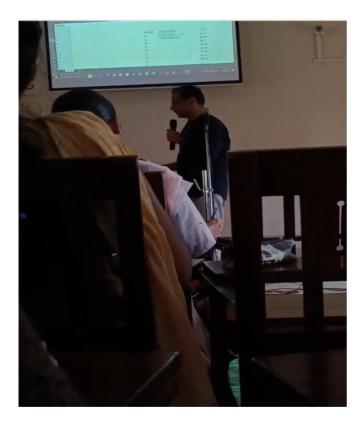


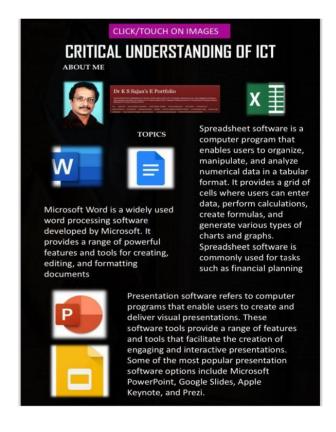


ICT Workshop 17-19 January 2024













Session on International Women's Day (07-03-2024)











Book reading and Discussion

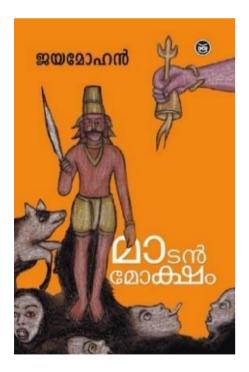
Jesus Training College Mala Literary Club organized reading Day celebrations as Vayanapakshacharanam from 19 July 2023 to 23 July 2023.

DAY 1

Pustaka Parichayam- 19-06-2023













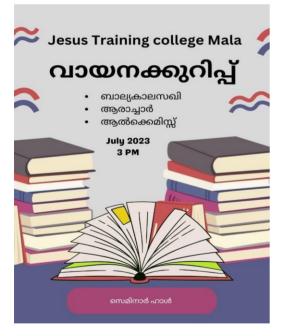


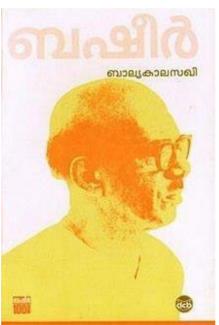


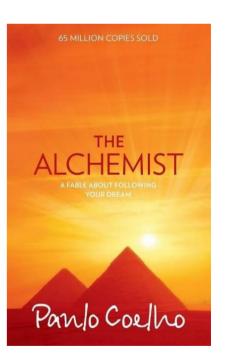




DAY 3 Vaayanakuripp-21-06-2023









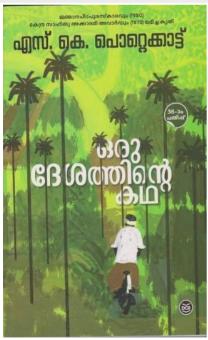


DAY 4 Pusthakaniroopanam-22-06-2023

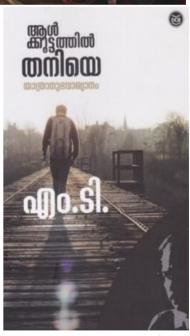








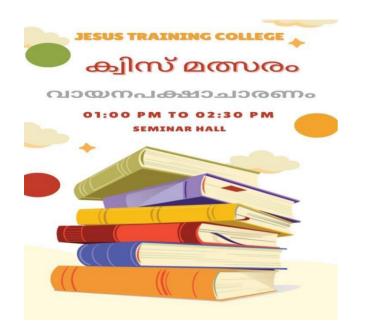






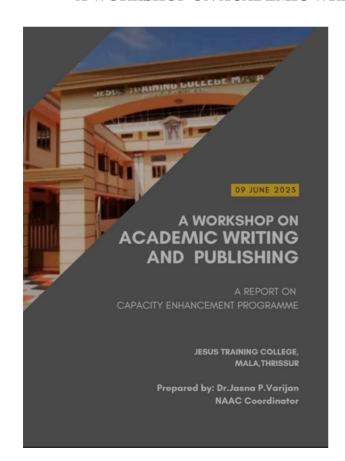


QUIZ COMPETITION-23-06-2023





DISCUSSION ON RECENT POLICIES AND REGULATIONS-A WORKSHOP ON ACADEMIC WRITING AND PUBLISHING (09-06-2023)









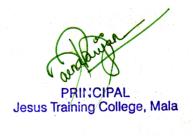


TEACHER WORKSHOPS FOR STUDENTS







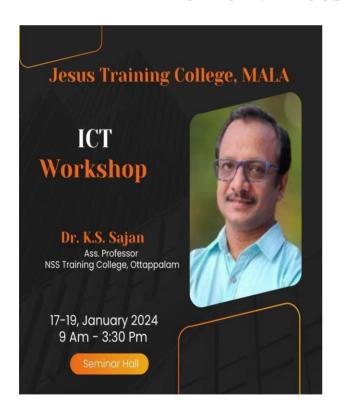


TEACHER SEMINAR ON INDIAN LANGUAGE SIGNS





MEDIA IMPACT FOR VARIOUS ASPECTS OF EDUCATION







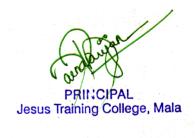


DISCUSSIONS SHOWCASING THE LINKAGES OF VARIOUS CONTEXTS OF EDUCATION









2. REPORTS OF ACTIVITIES CONDUCTED RELATED TO RECENT DEVELOPMENTS IN EDUCATION WITH VIDEOGRAPHIC SUPPORT

1. Special Lectures by Experts

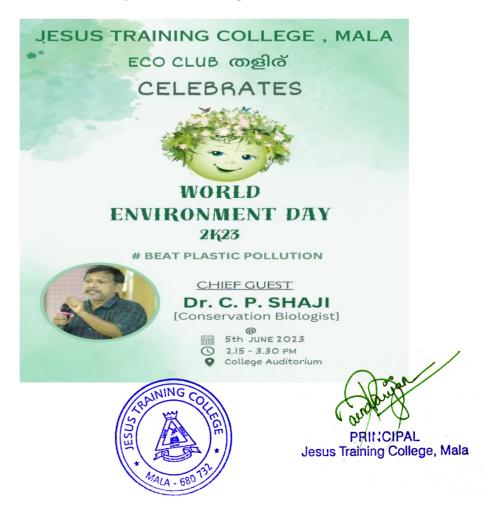
Environment Day - June 5th, 2023

As part of Environment Day, the Eco-club of our college organized a seminar on June 5th, 2023, featuring Dr. C. P. Shaji, an eminent conservation biologist. The theme of the program was "Beat Plastic Pollution." Dr. Shaji shared his expertise on the impact of plastic waste on ecosystems, emphasizing the urgent need for sustainable practices.

The session aimed to familiarize students with pressing environmental issues and raise awareness about conserving natural resources. Interactive discussions encouraged students to think critically about their own consumption habits and explore eco-friendly alternatives.

The seminar also highlighted successful global and local initiatives combating plastic pollution, inspiring students to take proactive steps within their communities. Feedback from participants was overwhelmingly positive, with many expressing a renewed commitment to reducing their environmental footprint.

Overall, the event was a significant step in promoting environmental consciousness and fostering a culture of sustainability within the college.



International Yoga Day 21-06-2023

The college celebrated International Yoga Day on June 21st, 2023, at 2:00 PM, with approximately 98 participants. The event featured Sr. Ancy, a renowned yoga instructor, who shared valuable insights on integrating yoga into daily life.

The session focused on the importance of breathing exercises (pranayama) and various yoga asanas, highlighting their benefits for physical and mental well-being. Participants were guided through a series of exercises designed to enhance flexibility, reduce stress, and improve concentration.

Sr. Ancy emphasized the holistic nature of yoga, encouraging attendees to adopt regular practice for a balanced lifestyle. The interactive session allowed participants to ask questions and receive personalized advice on incorporating yoga into their routines.

The event was well-received, fostering a sense of community and promoting health awareness among students and staff. Many participants expressed enthusiasm for continuing their yoga journey and looked forward to more such events in the future.

JESUS TRAINING COLLEGE, MALA CELEBRATES

INTERNATIONAL YOGA DAY

21 JUNE 2K23

Welcome Speech:-Vishnupriya Wilson

Presidential address:-Dr. M.G. Remadevi(Principal)

> Theme Presentation :-Anjaly Johny

Yoga Performance

Vote Of Thanks :-Anagha T









Art and Drama Workshop 04/07/23, 05/07/23

Jesus Training College Mala organized an art and drama workshop on July 4th and 5th, 2023. The workshop was led by Fr. Fijo Joseph Alappadan, who guided participants through various aspects of drama and artistic expression.

Students engaged in group tasks that fostered creativity and teamwork, allowing them to explore different elements of performance and storytelling. Fr. Alappadan emphasized the importance of collaboration and encouraged participants to express themselves freely.

The workshop provided a platform for students to develop their communication skills and build confidence in public speaking. It also highlighted the therapeutic benefits of art and drama, promoting emotional well-being and self-discovery.

Participants enjoyed the hands-on activities and expressed appreciation for the opportunity to learn from an experienced facilitator. The event was a resounding success, leaving students inspired and eager to apply their new skills in future projects.

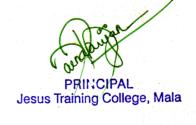












ICT workshop on 14-07- 2023

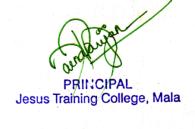
An ICT workshop was held on August 14th, 2023, featuring Jain James, who discussed various artificial intelligence tools such as ChatGPT, Midjourney, Figma, Freepik, and Background Remover. The workshop provided valuable insights into the practical applications of these tools.

Jain James demonstrated how AI can enhance creativity and efficiency in different fields, offering students hands-on experience with each tool. Participants learned how to integrate these technologies into their projects, boosting productivity and innovation.

The workshop was highly beneficial, equipping students with essential skills for the modern digital landscape. Feedback was overwhelmingly positive, with many students expressing enthusiasm about applying their new knowledge to future endeavors.







Square One orientation class

Jesus Training College Mala organized an orientation class for the new 2023- 2025 batch from 21-08-23 to 23-08-2

As part of "Square One," a workshop titled "Workshop on Human Values" was conducted on August 21st, 2023, by Fr. Fijo Joseph Alappadan, Assistant Professor of Performing Arts at Nava Jyoti B.Ed. College, Olarikkara.

The session was both engaging and informative, providing students with a deeper understanding of essential human values and their significance in daily life. Fr. Alappadan used interactive activities to encourage reflection and discussion, fostering a sense of empathy and respect among participants.

Students appreciated the opportunity to explore concepts such as integrity, compassion, and responsibility through practical examples and group discussions. The workshop aimed to inspire personal growth and encourage positive contributions to the community.







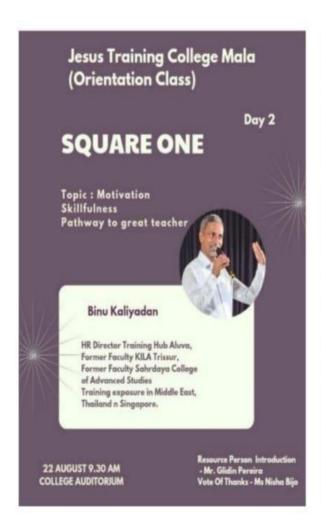


Workshop on pathway to great teacher (22-08-2023)

Under the "Square One" initiative, a workshop titled "Motivation: Skillfulness Pathway to Great Teaching" was held on August 22nd, 2023. Led by Binu Kaliyadan, HR Director at Training Hub Aluva, the workshop aimed to enhance teaching skills among students.

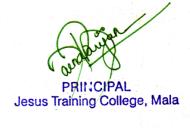
Binu Kaliyadan shared valuable insights on the role of motivation in effective teaching, emphasizing strategies to inspire and engage learners. The session included interactive activities that helped participants develop practical techniques to foster a positive learning environment.

Students learned about the importance of self-motivation and how to cultivate it in their teaching practice. The workshop also highlighted the significance of continuous learning and adaptability in education.









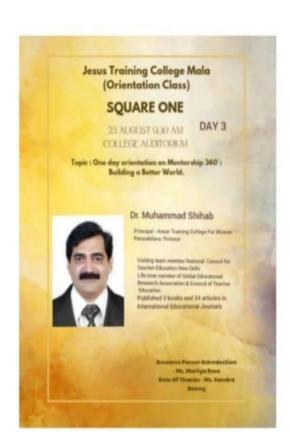
Workshop on mentorship 360 °- building a better world (23-08-2023)

Dr. Muhammad Shihab, Principal of Ansar Training College for Women, Perumbilavu Thrissur, conducted a workshop on August 23rd, 2023, titled "One Day Orientation on Membership 360° - Building a Better World."

The workshop offered valuable insights for future teachers, focusing on the importance of community engagement and holistic education. Dr. Shihab emphasized the role of educators in shaping a better world through inclusive and innovative teaching practices.

Participants explored strategies to foster strong connections with students and the community, promoting a collaborative learning environment. The session included interactive discussions and activities designed to inspire personal and professional growth.

Feedback from attendees was highly positive, with many expressing a deeper understanding of their role as educators in driving positive change. The event successfully prepared aspiring teachers to build meaningful relationships and contribute to societal progress.







PRINCIPAL Jesus Training College, Mala

Session on counselling (21-08-2023)

As part of the Anamayam Community Living Camp, a counselling session was held on August 21st, 2023, facilitated by the AVARD Resource Team. The session addressed critical topics such as child disorders, post-COVID challenges faced by teenagers, and legal awareness.

Given the current circumstances, the session was particularly beneficial, providing students with essential knowledge and coping strategies. Experts from the AVARD Resource Team shared insights into identifying and managing child disorders, emphasizing early intervention and support.

The discussion on post-COVID challenges highlighted the psychological and social impacts on teenagers, offering practical advice for navigating these issues. Additionally, the session covered legal awareness, empowering students with knowledge of their rights and responsibilities.







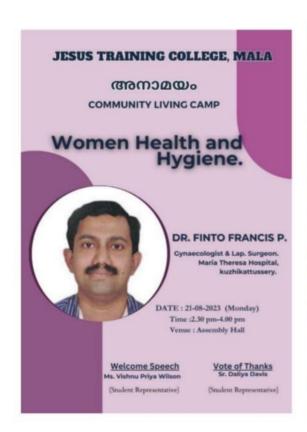


Session on Women Health and Hygiene (21-08-23)

Dr. Finto Francis P., a gynecologist at Maria Theresa Hospital, Kuzhikattussery, conducted a session on women's health and hygiene.

The session provided valuable insights into essential health practices and hygiene for women, emphasizing the importance of regular check-ups and self-care. Dr. Francis discussed various topics, including menstrual health, reproductive health, and preventive measures for common issues.

Participants had the opportunity to ask questions and engage in discussions, gaining a deeper understanding of how to maintain their health and well-being. The session aimed to empower women with the knowledge to make informed health decisions.







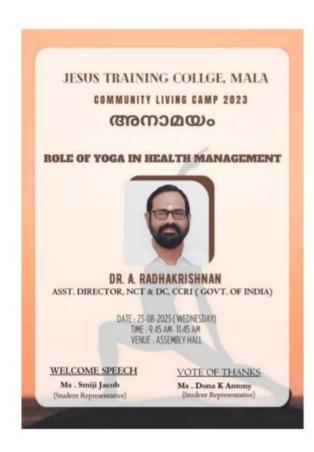


Role of Yoga in Health Management (23-08-2023)

Another session under the Anamayam Community Living Camp was held on August 23rd, 2023, focusing on "Role of Yoga in Health Management." The session was conducted by Dr. A. Radhakrishnan, Assistant Director at NCT and DC, CCRI (Govt. of India).

Dr. Radhakrishnan provided valuable information on how integrating yoga into daily health practices can enhance overall well-being. The session covered various yoga techniques and their benefits for physical and mental health, including stress management, improved flexibility, and enhanced respiratory function.

Participants learned practical yoga exercises and routines that can be easily incorporated into their daily lives. Dr. Radhakrishnan emphasized the importance of consistency and mindful practice in achieving long-term health benefits.







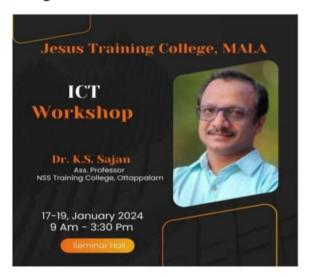


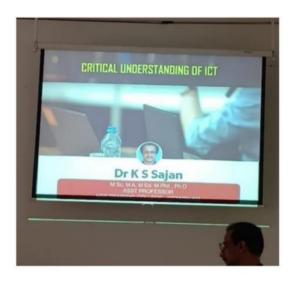
ICT Workshop 17 to 19 January 2024

A workshop on ICT was conducted on January from 17th to 19th, January 2024, by Dr. KS Sajan, Assistant Professor at SNM Training College Maliankara. The workshop was a key component of the teacher training program, offering detailed insights into the integration of ICT in education.

Dr. Sajan covered various aspects of ICT, including its applications in classroom management, instructional design, and student engagement. The sessions provided practical strategies for utilizing digital tools and resources to enhance teaching effectiveness.

Participants engaged in hands-on activities that demonstrated the use of various ICT tools, fostering a deeper understanding of their potential benefits in an educational setting. The workshop also addressed challenges and best practices for implementing technology in teaching.











PRINCIPAL
Jesus Training College, Mala

Session on International Women's Day (07-03-2024)

International Women's Day was celebrated at Jesus Training College Mala on March 7th, 2024, with a special session titled "Latifa 2k24." The event featured Mrs. Lincy Peter Pazhayatil, a senior nursing officer at Government General Hospital Irinjalakuda, renowned for her achievements and contributions to the field of nursing.

Mrs. Pazhayatil, a recipient of several prestigious awards at state, national, and international levels, shared her experiences and insights on the importance of women in healthcare and leadership. Her session highlighted the significant impact of dedication and perseverance in professional and personal life.

The event provided an inspiring platform for students and staff to engage with a distinguished role model. Mrs. Pazhayatil's discussion included topics such as overcoming challenges, advancing women's rights, and the evolving role of women in various sectors.

The celebration was marked by enthusiastic participation and reflection, making it a memorable and empowering occasion for all attendees.









PRINCIPAL Jesus Training College, Mala

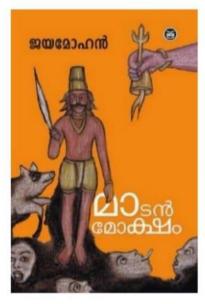
2. Book reading and Discussion

Reading serves as a means of communication and language acquisition in literate societies. To foster a culture of reading, Jesus Training College Mala's Literary Club organized Reading Day celebrations titled "Vayanapakshacharanam" from July 19th to July 23rd, 2023. Activities included book introductions, discussions, and a quiz competition.

DAY 1 Pustaka Parichayam- 19-06-2023















DAY 2 Kathapaathravatharanam 20-06-2023

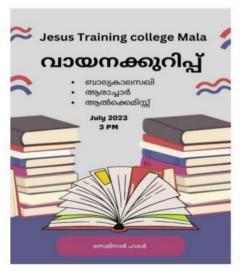




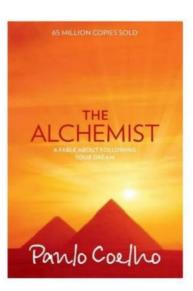


DAY 3

Vaayanakuripp-21-06-2023















DAY 4 Pusthakaniroopanam-22-06-2023

















DAY -5

Quiz competition-23-06-2023

A Reading Day Quiz Competition was conducted on June 23rd, 2023. The event was designed to celebrate the significance of reading and promote literary knowledge among participants.

The quiz covered a range of topics related to literature, authors, and reading habits, challenging participants to showcase their understanding and appreciation of books and reading culture.

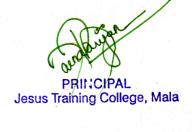
The competition was engaging and educational, fostering a spirit of learning and intellectual curiosity. Participants demonstrated their knowledge and enthusiasm for literature, making the event a success.

Overall, the quiz competition was well-received, highlighting the importance of reading and encouraging continued exploration of literary works.



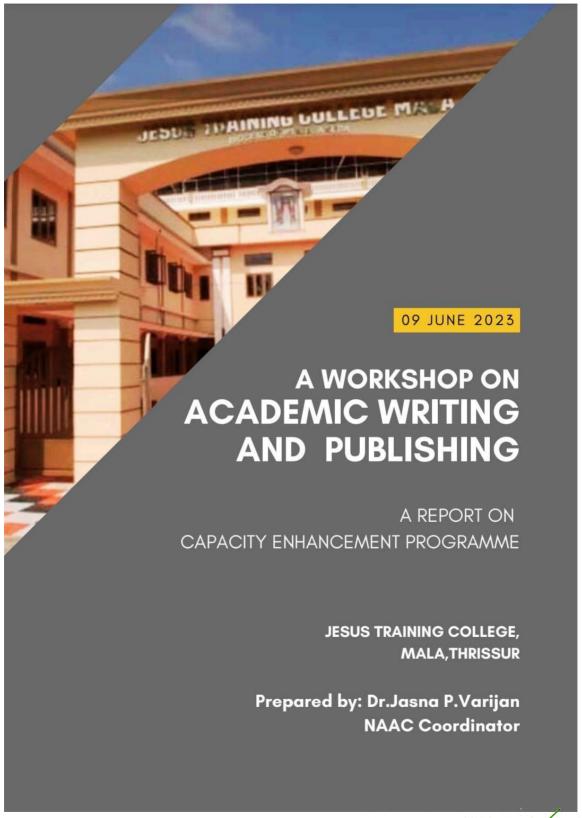






3. DISCUSSION ON RECENT POLICIES AND REGULATIONS-

A WORKSHOP ON ACADEMIC WRITING AND PUBLISHING (09-06-2023)







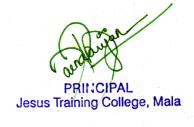
ABOUT THE WORKSHOP

There is great relevance to research in education. Apart from ensuring an in-depth knowledge over a topic, scientific and historical research papers also contribute to the world of knowledge. These journals or papers become the helping hands for the students in future guiding and helping them in research. Students need to understand the role of scientific research in society and the importance of scientific research in education as it will ultimately reward them in return. It also helps the practitioners to stay up to date with the recent developments in the field. As a part of Capacity Enhancement programme for teacher educators, Jesus Training Collge organized a Workshop on Academic Writing and Publishing.

MISSION OF THE WORKSHOP

The well-known "publish or perish" dilemma highlights the main incentive fueling the need to publish as much as possible, preferably in high impact journals. Those who fail in this competition may also miss career opportunities, research funding or other rewards. it is important for teachers in colleges and universities to publish books, etc. about their research, and that if they fail to do so it will have a bad effect on their career. In this scenario, the purpose of the programme is to give orientation to the participants in academic writing and publishing.





PAGE 3

ACADEMIC WRITING AND PUBLISHING

09/06/2023, FRIDAY

The session discussed the types of papers and journals along with the cardinal things to be noticed while publishing a paper. The genre and structure of the paper was the chief topic of dialogue.



Session by Dr. Rajeev S.P.

The session started at 9.30 a.m. Dr. Rajeev S.P., School of Social work, Rajagiri College of Social Science (Autonomous) was the resource person for the session. To begin with the session ,the resource person introduce the things to be taken care of while publishing a paper. The principal things to be noticed include the aim and scope of the research journal selected. In addition should taken care of its index. The session introduced two prime reference management soft wares widely used in research paradigm, Medeley and Zotero.





PAGE 4

DIFFERENT TYPES/GENRE OF RESEARCH PAPERS

The genre of academic writing determines the type of journal for publication.

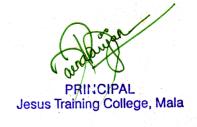
Before writing a paper the researcher may solve some questions

- · To whom we are writing the paper?
- Why we write this paper or article?
- How to select a Topic?

Further the class talked through the various genre present in academic writing. Foremost discussed the empirical reports, Philosophical Discussions, scoping and scientific review, case study, evaluation reports, bibliographic analysis and critical reflections. Also presented some examples for all genres and types. At the end had a detailed session on the structure of a paper. The resource person had given a comprehensive idea of the structure with a format called IMRADwhich incorporates Introcuction, Method, Result and Discussion followed by abrief conclusion with reference.







EPILOGUE

'Publish or Perish'

As you can imagine, the pressure to publish can be very high. Unfortunately, getting published is becoming more and more difficult, due in part to an increase in the number of academics worldwide. But publishing in journals can give your work visibility among other researchers in your field, outside of your immediate circle of contacts and colleagues. It makes your work more discoverable, as they are already being read by circles of interested readers and often have sophisticated distribution networks, placing work into libraries, organisations and institutes, and through letterboxes of readers around the world. During these days it is mandatory to share the knowledge to the world not only for the sake of the field but for the professional development of practitioners. All are in a state either you must ready to publish your research work or Perish yourself. Your choice will decide your future in profession.



Faculty with the resource person





4. Teacher presented seminars

On August 23rd, 2023, Ms. Rekha A. Nair and Ms. Sheena Bhaskar, Assistant Professors at JTC College Mala, conducted a workshop on Orientation on B.Ed. Curriculum. The session provided comprehensive insights into the B.Ed. curriculum and effective teaching-learning methods.

TEACHER SEMINAR ON INDIAN LANGUAGE SIGNS





TEACHER WORKSHOPS FOR STUDENTS

A workshop on the preparation of teaching models was conducted on February 8th and 9th, 2024, by Assistant Professors Vibi N. V., Iarin John, Suresh Kumar P.K., Lisa John, Sheena Bhaskar, and Rekha A. Nair from JTC College Mala. The workshop focused on learning resources, chart preparation, and the importance of models in teaching, emphasizing the creation of engaging classrooms.







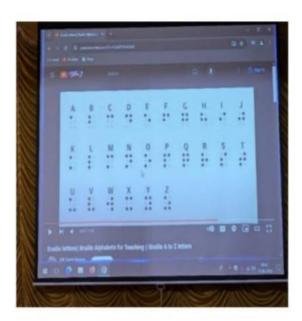


TEACHER SEMINAR ON INDIAN LANGUAGE SIGNS

On March 19th, 2024, Renia Kuruvilla, Assistant Professor at Jesus Training College Mala, demonstrated Indian Sign Language for dealing with special children, enhancing understanding and communication in inclusive educational settings

A session on recent changes in the new SCRT textbook for 2024, focusing on gender equality and inclusive education, was conducted on March 4th, 2024, by Sisna A.S., Assistant Professor at Jesus Training College Mala. The session highlighted the importance of inclusive education and gender equality in the new syllabus.





5. MEDIA IMPACT FOR VARIOUS ASPECTS OF EDUCATION

Use of Media for Various Aspects of Education

insights for students. An ICT workshop on August 14th, 2023, at Jesus Training College Mala explored artificial intelligence tools such as Chat GPT, Midjourney, Figma, Freepik, and Background Remover, providing practical

NICT workshops were conducted on January 17th and 19th, 2024, by Dr. KS Sajan, Assistant Professor at SNM Training College Maliankara, focusing on ICT as part of the teacher training program.

A workshop on Virtual Reality was organized on August 16th, 2023, by Shameer Khan at Jesus Training College Mala, highlighting VR's potential for immersive and active learning experiences, particularly beneficial for elementary school students.

PRINCIPAL Jesus Training College, Mala

6. Discussions Showcasing Linkages of Various Contexts of Education

To familiarize student teachers with different school systems and online interactions with resource teachers, a session was conducted on March 10th, 2023. The session involved presentations by teachers on the characteristics of their respective school systems, followed by discussions and comparisons led by resource persons including Mrs. Anju MM, Mrs. Dinsha M, and Ms. Prestina Seena Jacobi.











അനാമയo 2k23 camp days

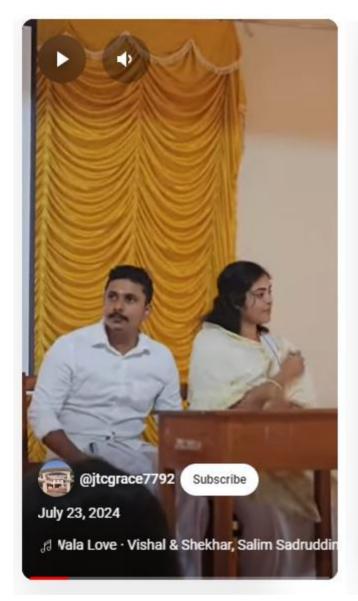
 $\underline{https://youtu.be/cvVBpTgOomo?si=kdhx52kbEEmPjdWs}$



Renia Kuruvilla Miss Teaching Class at Jesus Training College Mala: Inspiring Future Educators"

 $\underline{https://youtu.be/iJ1ug9BmkNI?si=Gy5W4UF-mu33gt82}$





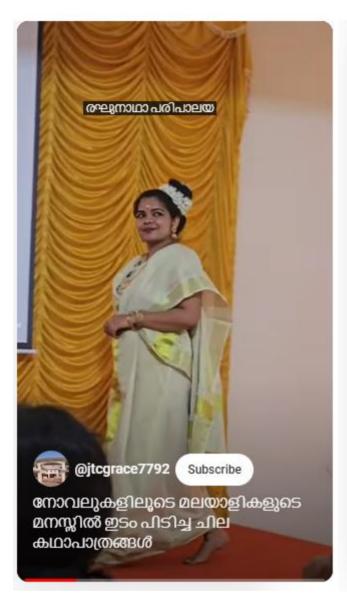


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https://youtube.com/shorts/a6mFsXrRXFw?si=DjGp1HMpy4d4EjgB









 $\underline{https://youtube.com/shorts/f7coL5FXn6s?si=9KV06xCJqrLQVLlh}$

 $\underline{https://youtube.com/shorts/rSdFIHI7X-I?si=B3uE2Q94RhrHq7wi}$



